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## e Grace

I want to recognize my daughter Emilie. She is one special kid. She plays 12u Rec and Travel Softball with Argyle Athletic Association.... LADY OUTLAWS! She is a hard working, talented young

## Preview













I am Natasha Nisha Ploeg. I was born in the beautiful Island of St. Lucia. I currently reside in Oshawa Ontario. I'd like to express my gratitude to my husband Malcolm Ploeg for his support in all of my endeavours. I'd also like to express my eternal gratitude to Kyle Bryans. Thank you for helping me with my journey as an athlete.

challenges was, ignoring the voices including my own. The voices that told me that it's too late. I'm too old. I'm not good enough. I will no longer allow fear to stop me from achieving my dreams. I will continue to inspire others. I have been filmed as an extra in a movie. The movie was shot at the Parkwood National Historic Site.

I am proud to have made a few of my dreams come true. Two of which are dancing and bodybuilding. I have received several awards in the two afore mentioned. I love and enjoy performing arts and sports. I have overcome many challenges to become a Pro athlete. One of my greatest



As a multi sport athlete still going to high school me, and I want to love my job and enjoying getting challenges is managing everything at once. You still want to have a good grades, succeeding in all graduate! still want to have a good grades, succeeding in all your sports, working and hanging out with friends. It is tough to manage at first but take it from myself I found a way to carry a 4.1 GPA, play travel volleyball and softball while playing high school volleyball, softball, and competitive cheer. While also working a job. It takes a lot of determination, also working a job. It takes a lot of determination, working a job. It takes a lot of determination, also working a job. It takes a lot of determination, working a job. It takes a lot of determination, also working a job. It takes a lot of determination, also working a job. It takes a lot of determination, also working a job. It takes a lot of determination, also working a job. It takes a lot of determination, also working a job. It takes a lot of determination, also working a job. It takes a lot of determination, also working a job. It takes a lot of determination, also working a job. It takes a lot of determination, also working a job. It takes a lot of determination, also working and hanging out with friends. Some of my achievements include, having one of the highest GPA of my class, National Honors Society Vice President, starting varsity softball since freshman year, Junior business student of the year (includes a scholarship), Student of the year award. Undergraduate Award, Captain of manageable.

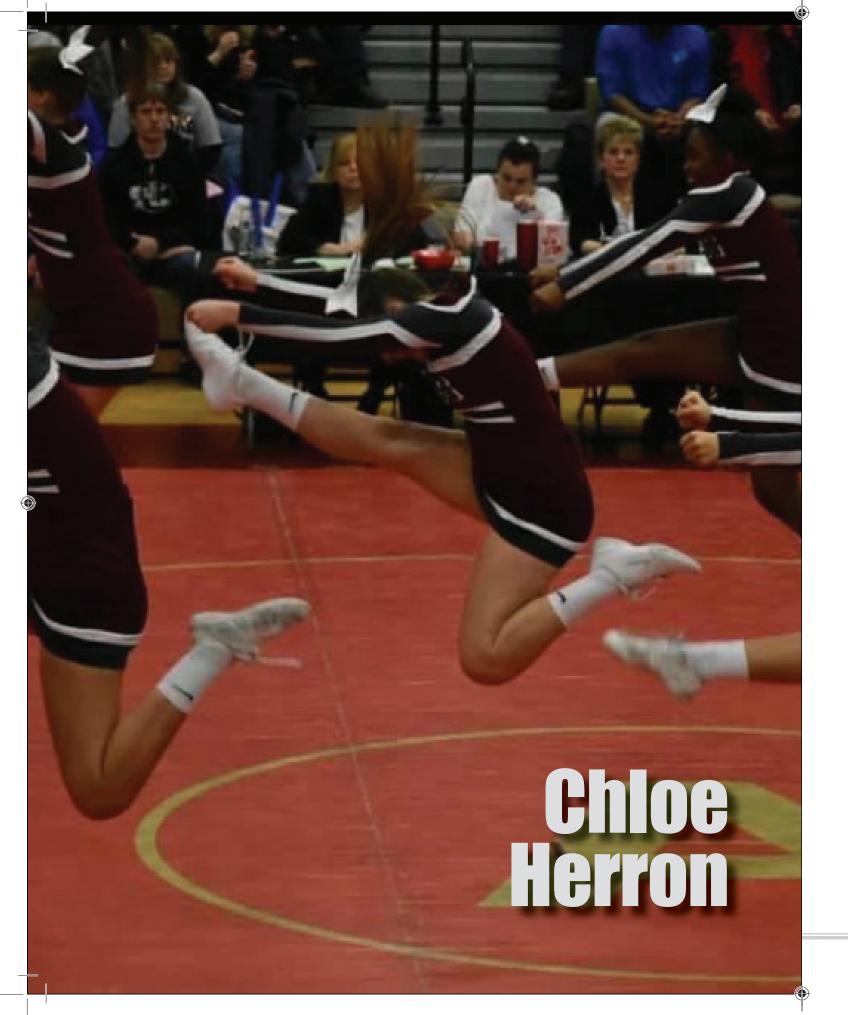
My biggest dream is to go to a nice university where I can get the best fit for me and get the best education possible. I want to major in business and also would love to play a sport in college. In college I want to succeed as much as I can and work hard for all my degrees. Also including my goals, I want to graduate from college, I want to find a steady job in my future and that job being the best fit for

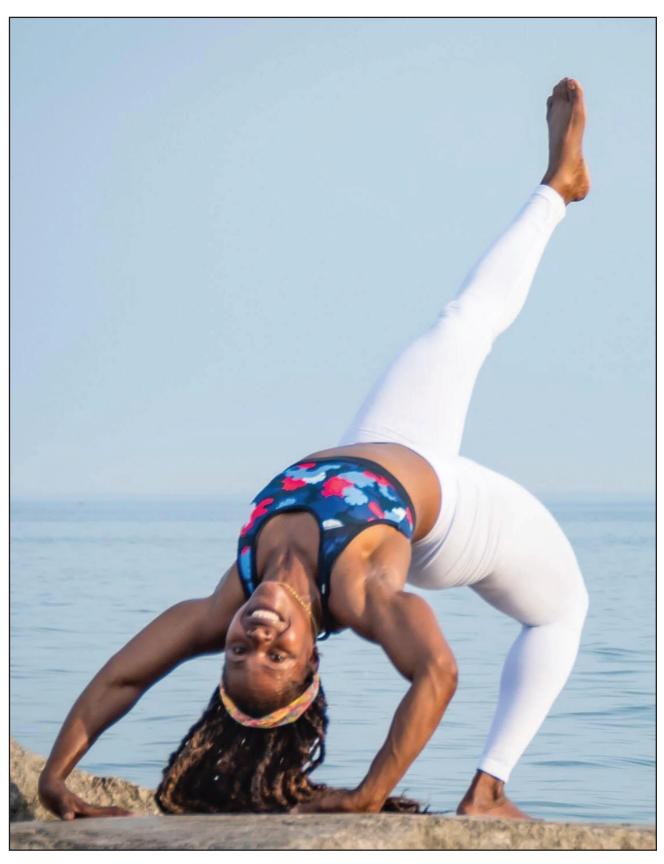
you hit a lot of challenges, one of the biggest up everyday to work. Another goal involving sports

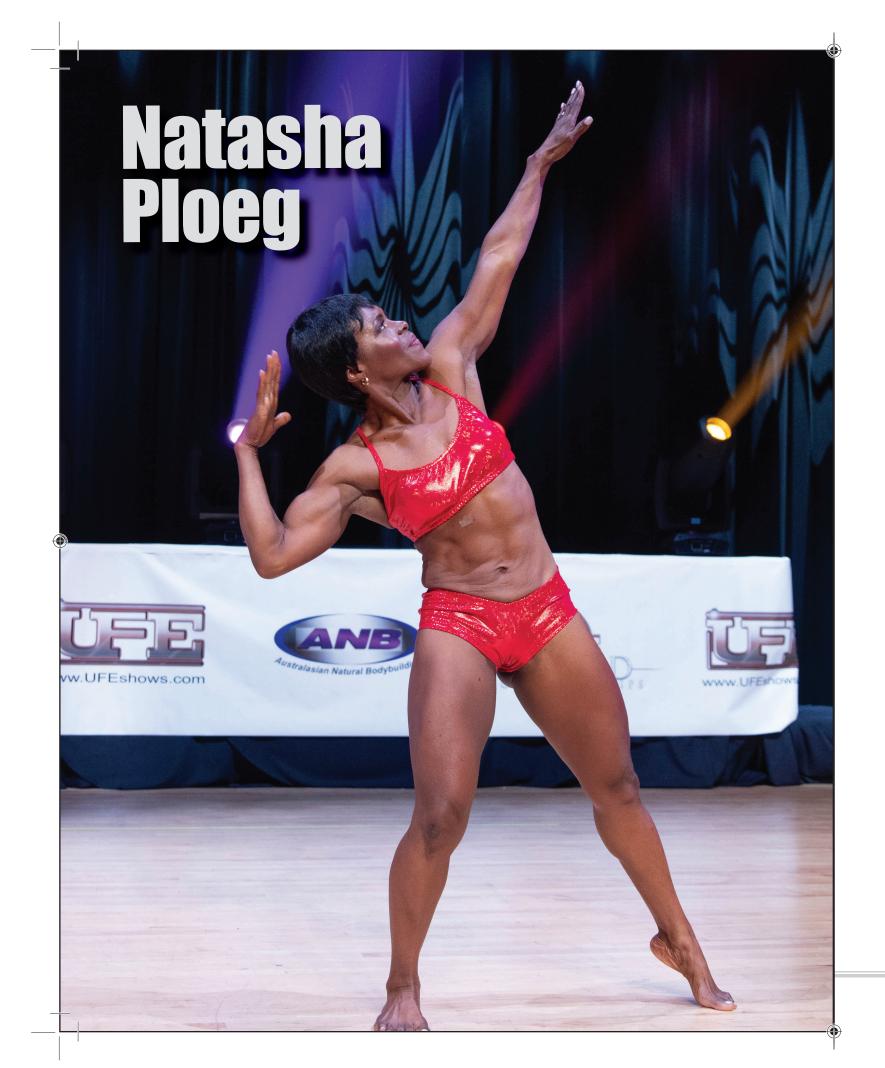
many sports teams, and more!

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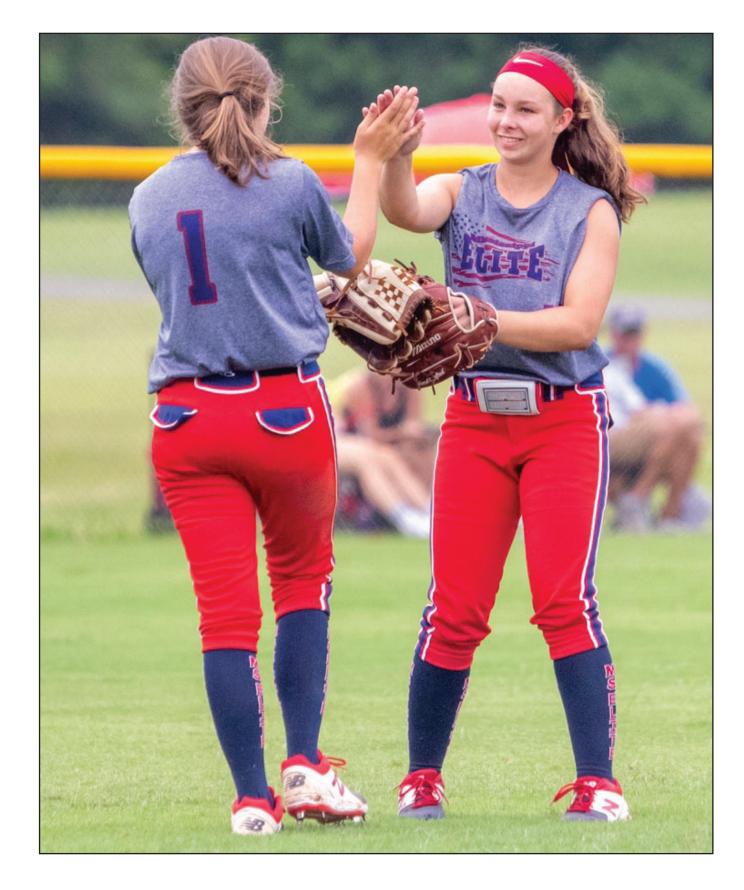


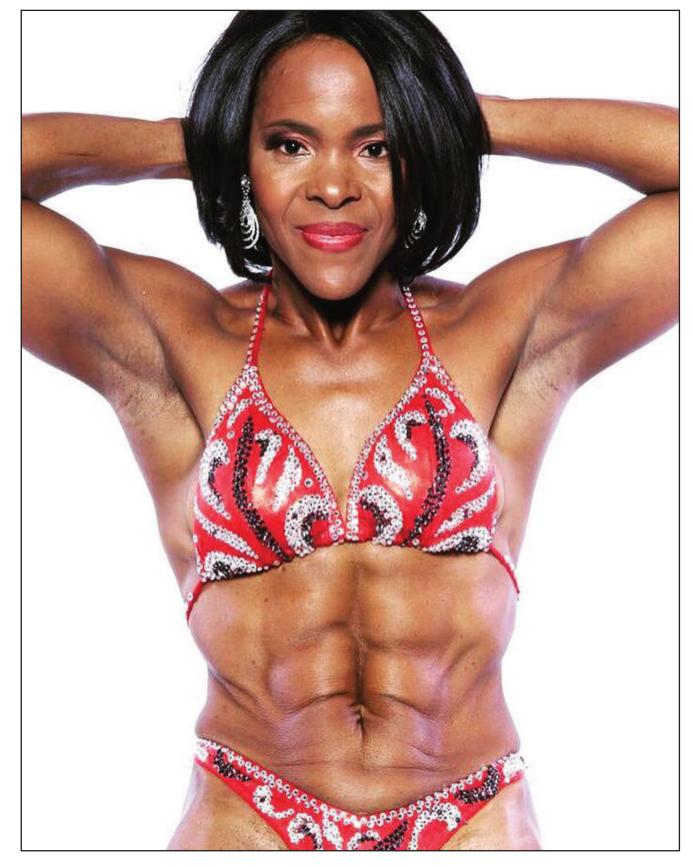
















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Delta Davidson is a 2024 grad that started playing softball at the age of 8. As all beginners, the game was a struggle as she was small and weak. As she grew in size and maturity, the game started to come easy for her. It wasn't long before she was one of the strongest girls on her team. She has played on several travel teams and currently plays for the Rampage Orange- Pack 16-U and they travel and play around the southeast US. Delta made her high school team and started as a 7 th grader. She typically plays middle infielder and outfield for her teams. She won her high school Homerun derby in 9th grade and provided many clutch plays and hits in her team's success. She makes all A's in school and she hopes to be recruited at a high level and play softball at the collegiate level. She will be going into 10th grade this fall and is very excited about this next season and opportunities coming her way.



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My name is Mark Kolawole I am 8 years old! I was born in Russia and I currently live in Estonia, I have been playing hockey for 4 years. During this time, I took part in competitions and won prizes. I have many medals and trophy won.

I train a lot to become a hockey legend in the future. Furthermore, I want to be the strongest and most demanding hockey player in the world.

My goals in which to develop maximum possibilities are:

\* Reaction

\* Endurance

\* Speed reaction

\* Strength

\* Good muscles

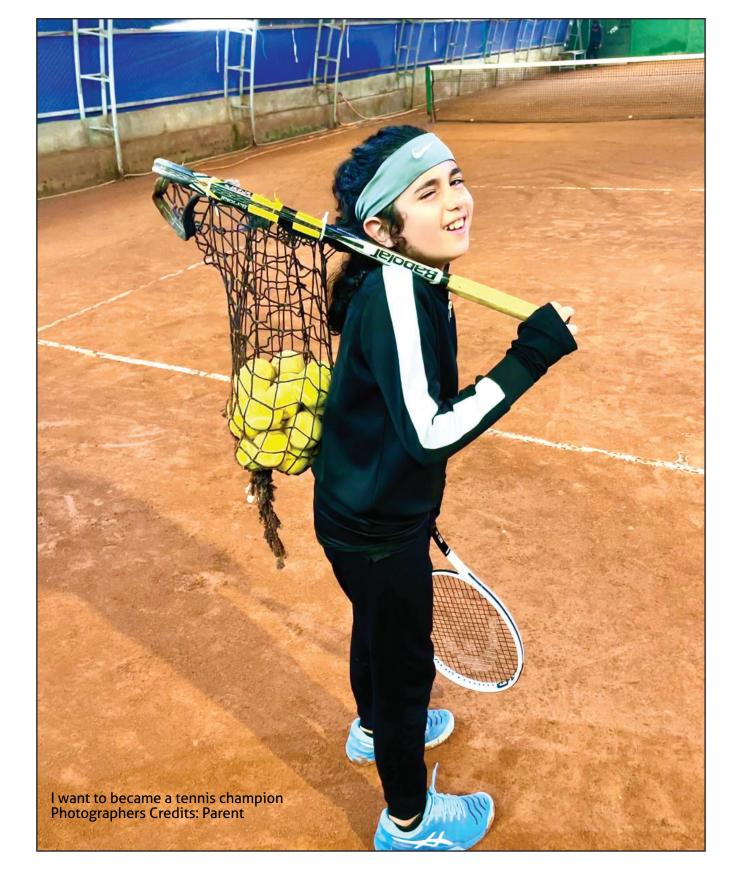
\* Strong character

Professional hockey players were not born as a professional- they train, dedicated, and they become. And I believe I will succeed !!!



















Just a few years ago Isaiah Frank at the age of 9 years old sat down and penciled a few goals for his upcoming baseball season. Some were team to be appointed to the top all star team in his age group. Every evening when there were no games or practice schedule, young Isaiah, (who would later be tagged as Grunt, because of short, deep sounds he releases when swinging a bat or hurling a pitch) would willfully take pitching lessons or work on some aspect of defense or hitting. He was driven to hit over .400, have a winning record and most importantly make the Purple Bulldogs All Starteam. did not have his work ethic, leaving him shocked and very sad.

him amongst the top pitchers in his Little League, Isaiah had achieved his ultimate goal and was voted by coaches to join the All Star team. His hard work had paid off.

to several tournament championships and a second an elite travel program. After playing a year with a place finish at Districts.. losing by one run to an 11 sound 11U team and batting right at .300, recording

year old All Star team from the same Little League, his dreams would have a sudden rude awakening. The following year with the same goal in mind, the goals and some were individual. One individual now 10 year old player continued to set goals and goal that was an emphasis of Isaiah's dreams was outwork team mates and opponents. His numbers were again tops in the league, however, as is the case in so many youth athletic programs in America, he was snubbed by coaches/fathers that had a different set of objectives. That old phrase "daddy-ball" had chopped the head off of Isaiah's dream. He was passed over for players that weren't even close statistically, athletically and most certainly

After a long and very successful season that ranked Grunt's story could have easily ended here, but like most driven athletes, his journey was just about to begin. Stinging from the decision of grown men tearing an earned opportunity from the pages of his story, Isaiah stood up and claimed, "I will leave no doubt!" He made a decision to step away from But.... the story doesn't end here. After contributing club and recreational baseball and set out to find

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33 strikeouts and 20 walks, Grunt realizes his new goal of one day being a high level travel player giving up a remarkable 2 walks. With an era of 1.652 and throwing strikes at a rate of 71% the goal of one day being a high level travel player and a member of his High School team was going to be more difficult than he thought. To the shock of everyone close to the ambitious athlete, he stepped up his game another notch. Adding more hitting instructions, workouts after practices and .418, leading his team in hits and two-baggers a nutrition regimen, he set out to begin his 12U season under the guidance of a highly qualified coaching staff, unlike one he'd ever experienced outside of private instructors. These coaches saw

As a multi sport athlete with a 4.0 grade average, something in Isaiah and began to mold him into

131 batters recording 55 strikeouts and only to be noticed.

righty is leaving hitters baffled with his change of speed, accuracy and pure confidence on the hill.

with a home run. He's second in stolen bases, runs

Isaiah Frank is an athlete deserving of recognition. what may very well be the most consistent and possibly the most effective pitcher in the state for his age.

Adding his ability to face adversity by being unfairly slighted and being forced to leave the sides of longtime friends to pursue personal goals, this young man has the potential to be an example to many other boys and girls that find themselves "Grunt" Frank's young baseball career. At this in similar predicaments. He will tell them, "Leave writing the freshly turned 12 year old has faced no doubt!" Hats off to Grunt for being and athlete





I am Maria Paola Bertel Caballero, I am a youth tennis player, I am currently 15 years o ld.M y big dream is to become number 1 in the world and to be able to leave my country Colombia high in the source of the dream is to be able to leave my country Colombia high in the source of the dream is to be able to leave my country Colombia high in the source of the dream is to micrease my training the source of the dream is to micrease my training the source of the dream is to be able to leave my country Colombia high in the source of the dream is to become number 1 in the world and to be able to leave my country Colombia high in the source of the dream is to be able to leave my country Colombia high in the source of the dream is to be able to leave my country Colombia high in the source of the dream is to be able to leave my country Colombia high in the source of the dream is to be able to leave my country Colombia high in the source of the dream is to be able to leave my country Colombia high in the source of the dream is to be able to leave my country Colombia high in the source of the dream is to be able to leave my country Colombia high in the source of the dream is to be able to leave my country Colombia high in the source of the dream is to be able to leave my country Colombia high in the source of the dream is to be able to leave my country Colombia high in the source of the dream is the dream in the dream is the dream in the dream is the dream in the dream in the dream is the dream in the dream the world of sports. One of my goals is to win a have the support of a brand. My parents have university veca in the US with tennis, and continue helped me with all this tennis process, I thank you to strive to be one of the best in the world of very much.. women's tennis.

My current challenge is to increase my training

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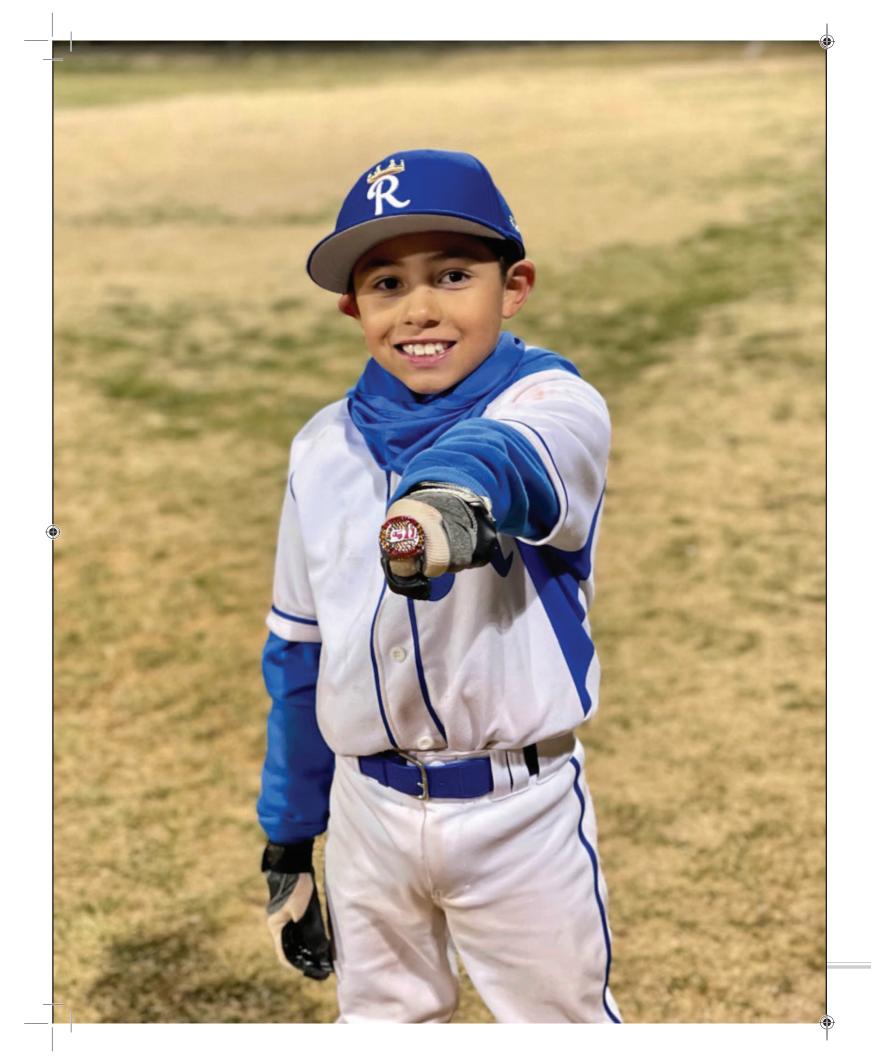




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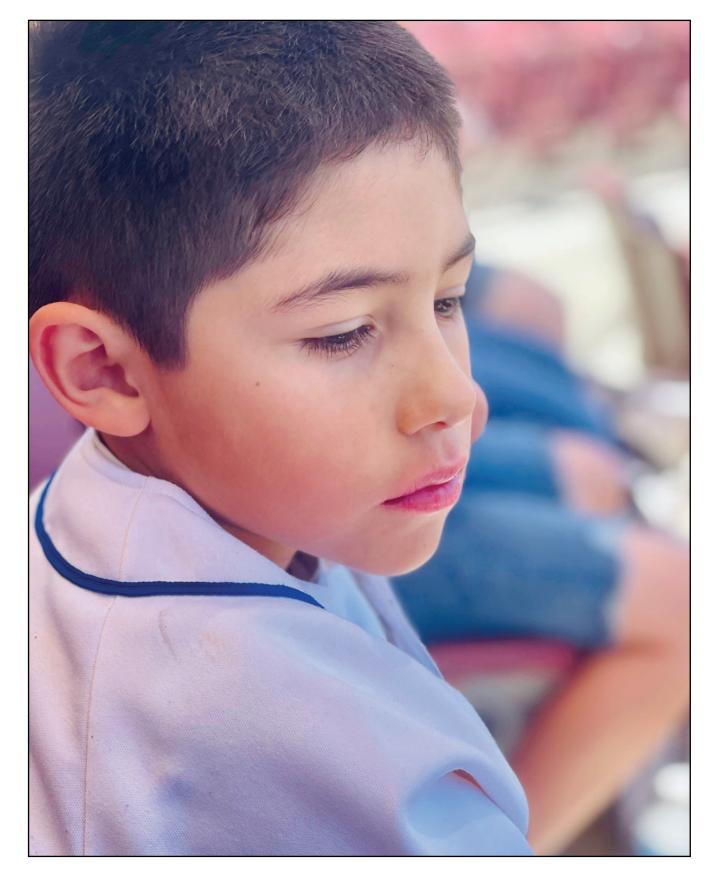






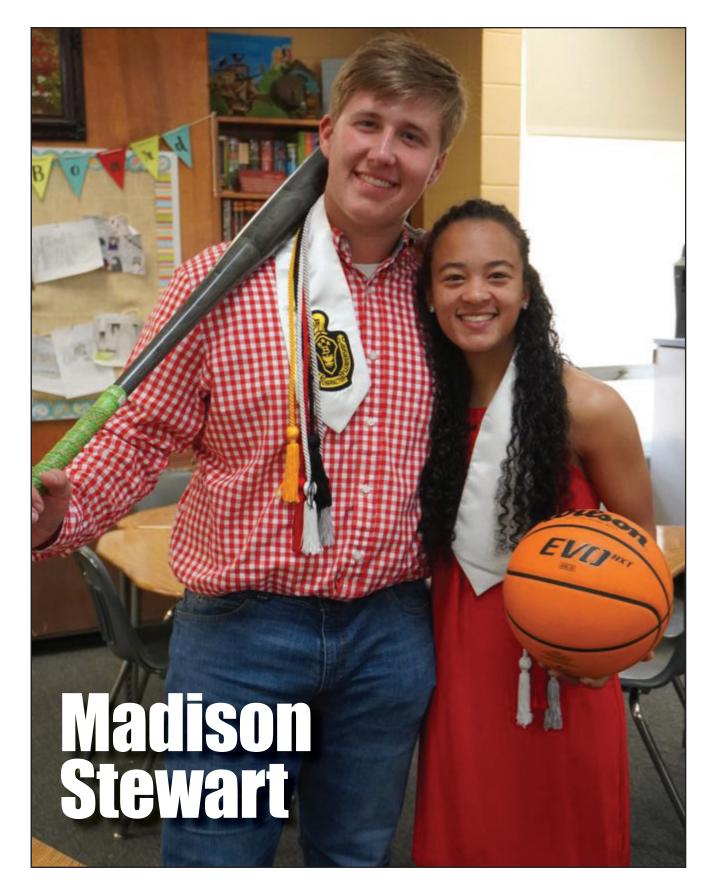
Hello my name is Jayden but my family and teammates call me Jay Dawg, My biggest dream is to become a professional baseball player for the Los Angeles Dodgers. I have been working really hard to achieve my short term goal, which is to be the best utility player I can be while still having fun with my boys. My long term goal is to play in High School and College baseball and hopefully reach my dream of becoming a Pro!!! My most recent achievement has been able to contribute to my team and ultimately received the invitation to play in the World Series in Atlanta, Georgia this summer. My biggest challenge is I am one of the smallest kids on the team but it only makes me train harder to be the best player I can be. Photographers Credits: Mom and Dad



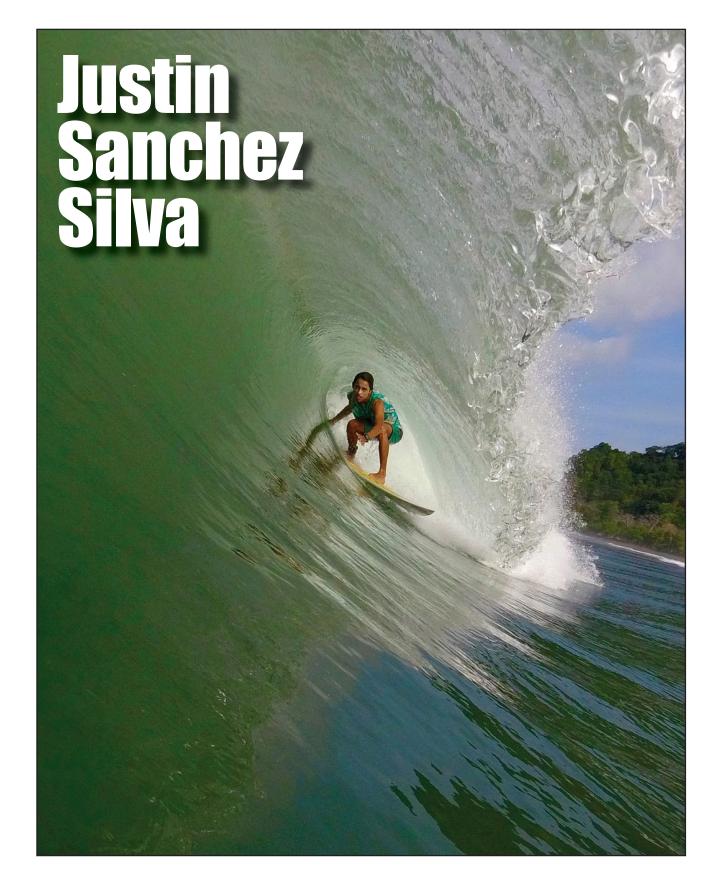














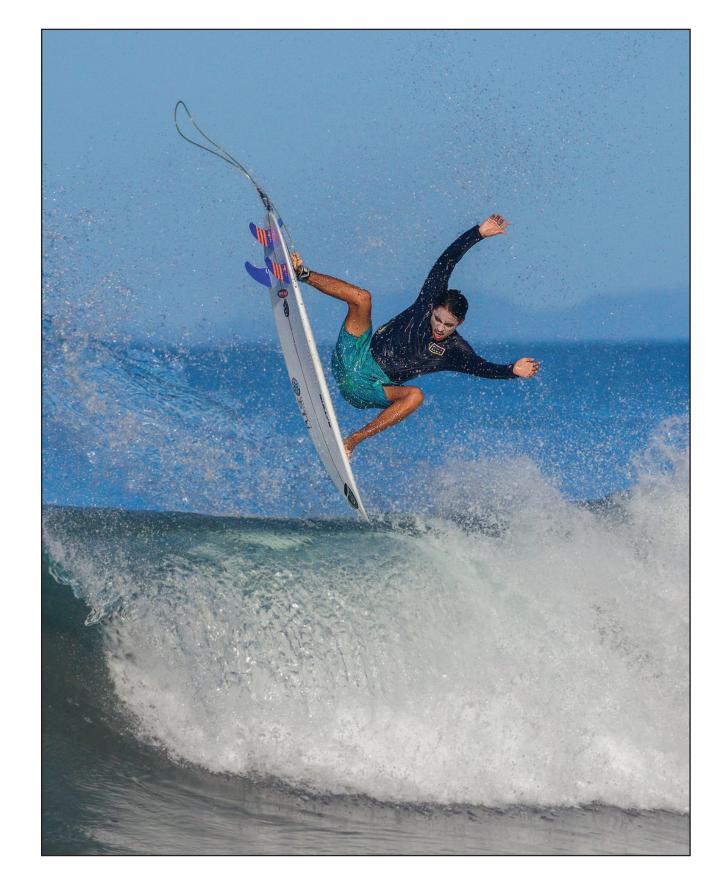
My dream was always to play basketball after highschool. I started playing Varsity basketball as a 12 year old 7th grader. I was starting point guard from 8th grade thru my senior year of high school... I scored over 1300 career points. I have been named All County, All Conference and All Area. I led our team to 4 Area Championships and my senior year, we were State Runner up... I received a full athletic scholarship to Lawson State in Birmingham to play basketball for the Lady Cougars. I also graduated high school with honors and was class Salutatorian. I was named Miss MCHS, SENIOR Who's Who Best All Around, Senior Who's Who Most School Spirit and Senior Who's Who Most Athletic. I played volleyball, basketball and softball throughout my high school career but basketball is ny favorite. I will continue my basketball career and I study child psychology. I want to give back to the kids who come from small towns like I do. I am only 4' 11" but if u have the drive, competitive Spirit, ambition and ability you can achieve anything u set your mind too. I am living proof that dreams can come true.

Photographers Credits: My mother took my picture (Holly Stewart)

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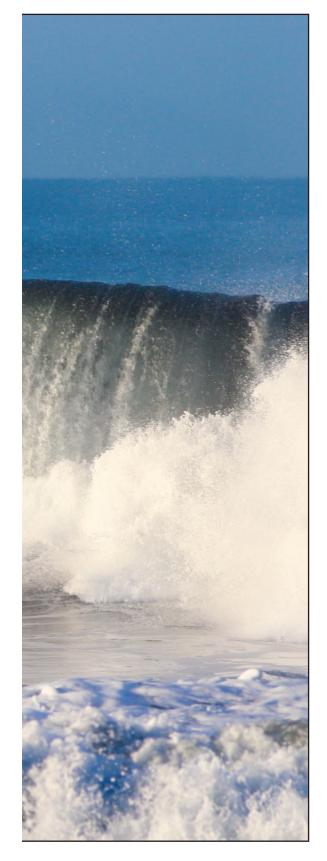


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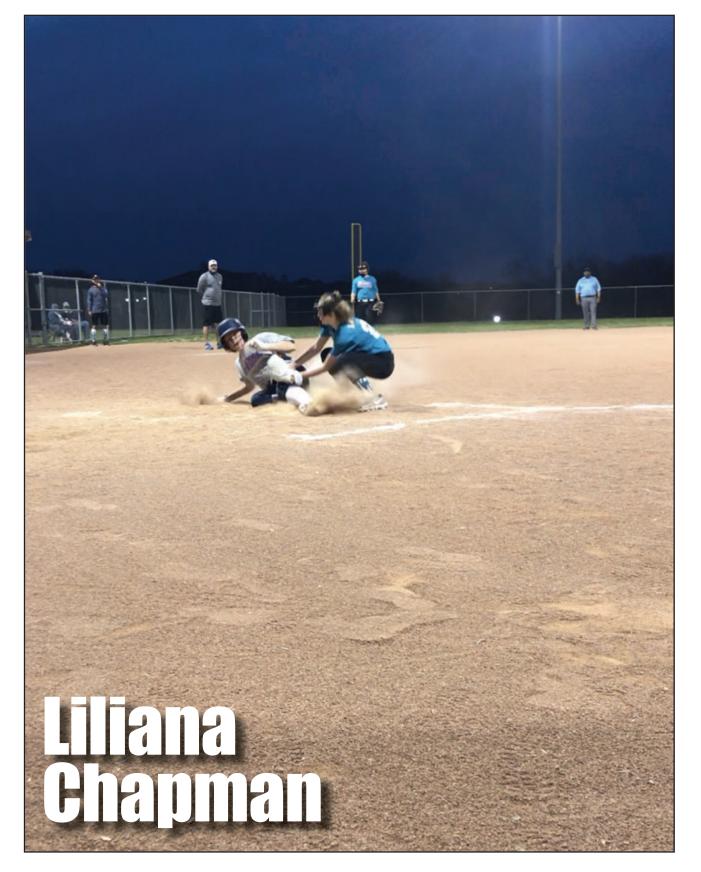
My goal is to become a Professional Surfer and to become a world champion.

I have won maybe 5 or 6 tournaments here in my country

The obstacles are that where I live (Costa Rica) there is not as much help as in other countries, here it is very difficult to excel in sports, I am a person of low resources and it is difficult for me to get my boards and everything I need to be able to be a professional surfer

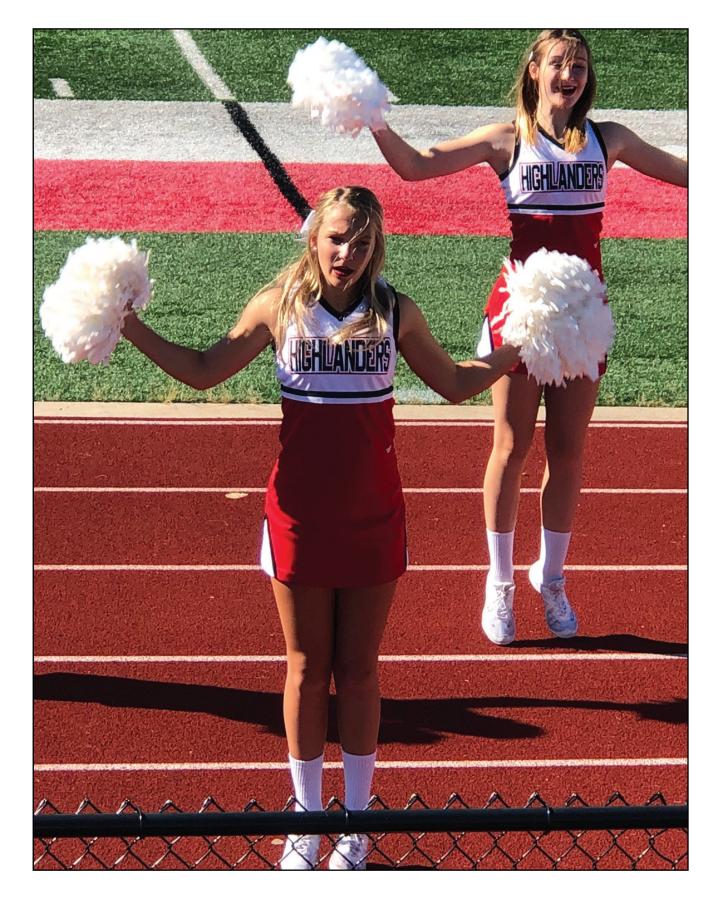












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I am currently 12 years old and have only played softball for 2 seasons. I have played 2nd base, outfield, and catcher. I am now playing on a select 14U team and I am loving it. I would like to know how to play every position on the field. I would love to be able to make it to the varsity team as a freshman or sophomore when I get to high school and go on to play college softball in Texas. I find that my biggest challenge is getting comfortable around new team mates. But in all honesty that doesn't last long.

The best thing that I have going for me is, I have all the support from my parents and my 2 brothers. They play baseball and have been a big help to me with softball.

Photographers Credits: Teri Lockhart (mom)







Kate is entering her junior year at Oak Hills HS in Cincinnati, OH. She's a varsity cheerleader for both football and basketball. Prior to high school, she won state in competitive cheer in middle school. She's also cheered all star at Midwest Cheer Elite since she was 6 earning two trips to the cheerleading Summit in Orlando. Her 2nd trip her J4 team, Smackcats won 5th in the nation!! She also just finished her second year of varsity lacrosse. She plays middie. She will begin her first season for Velocity this summer. In addition to being a fierce competitor, she maintains a 3.9 in the classroom taking honors and AP classes. She was just inducted into National Honor Society. She will begin her junior year attending vocational school for surgical technology.







Dreams to become the best college outfielder and colleges to scout and give me a chance at their college. Going to University of Alabama softball camp this summer is a great opportunity. And attending University of Florida softball camp next year. I want to be a strong light to those that think because of this or that you can't accomplish your dreams no matter what.

Achievements I have won MVP, USSA, 2 USA and other Championship Tournaments, I have hit home runs and caught a lot of fly balls.

Challenges. If going against other great players. And staying strong! I was born with Truncus Arteriosus this is were you are born with one valve and your blood can't separate and they add a valve. My arteries was very small and had Angioplasty surgery to open them up, I also had a number of holes in my heart that the Cardiologist had to patch. Since I was born until now age 11 I've had 3 Open Heart surgeries, 5 Angioplasty surgeries. I am a fighter and don't give up I am strong! Photographers Credits: Mother



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