

UPCOMINGATHLETES



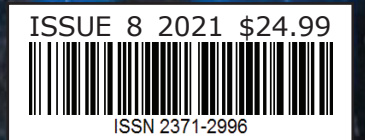
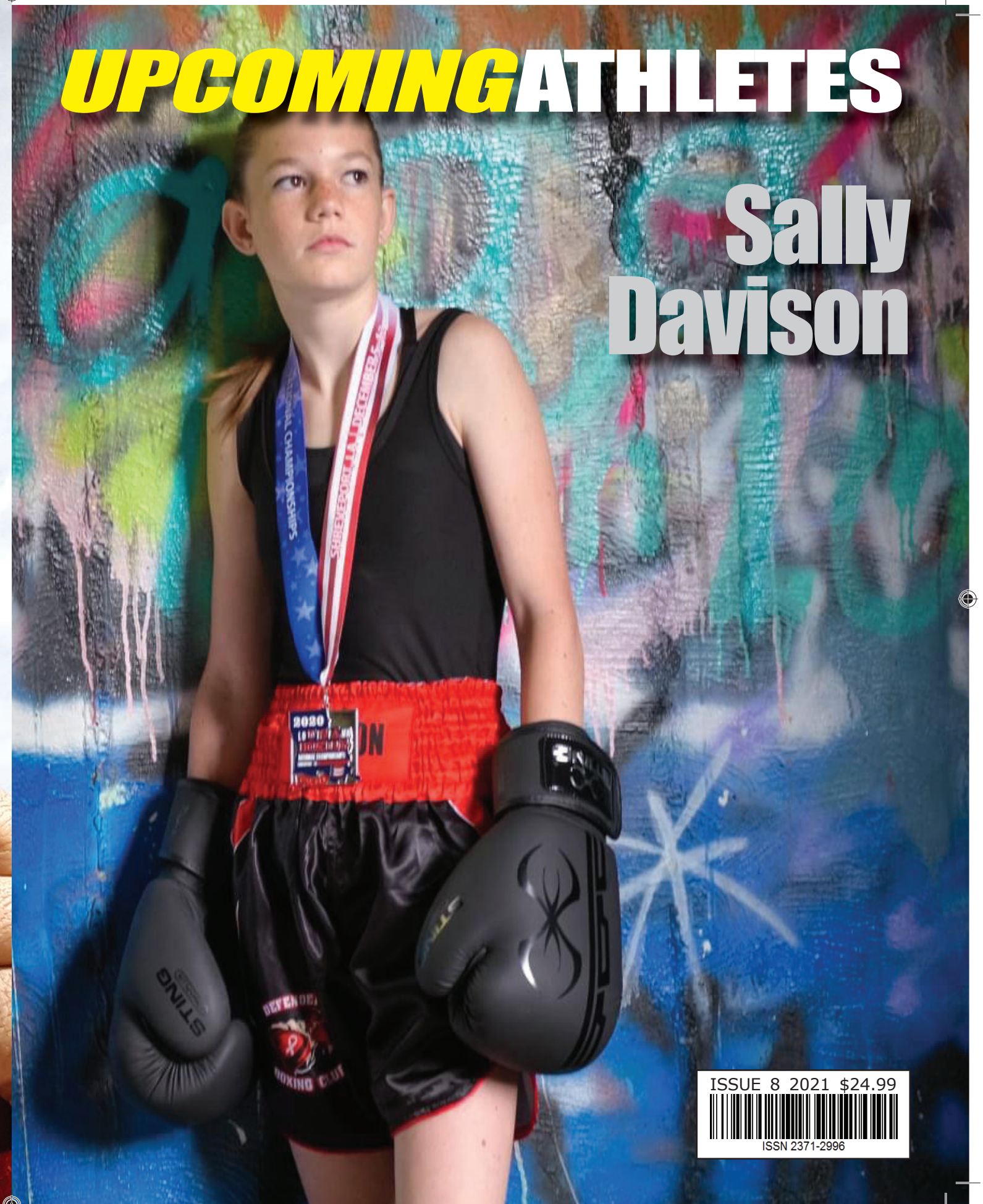
**Jorge
Magana**



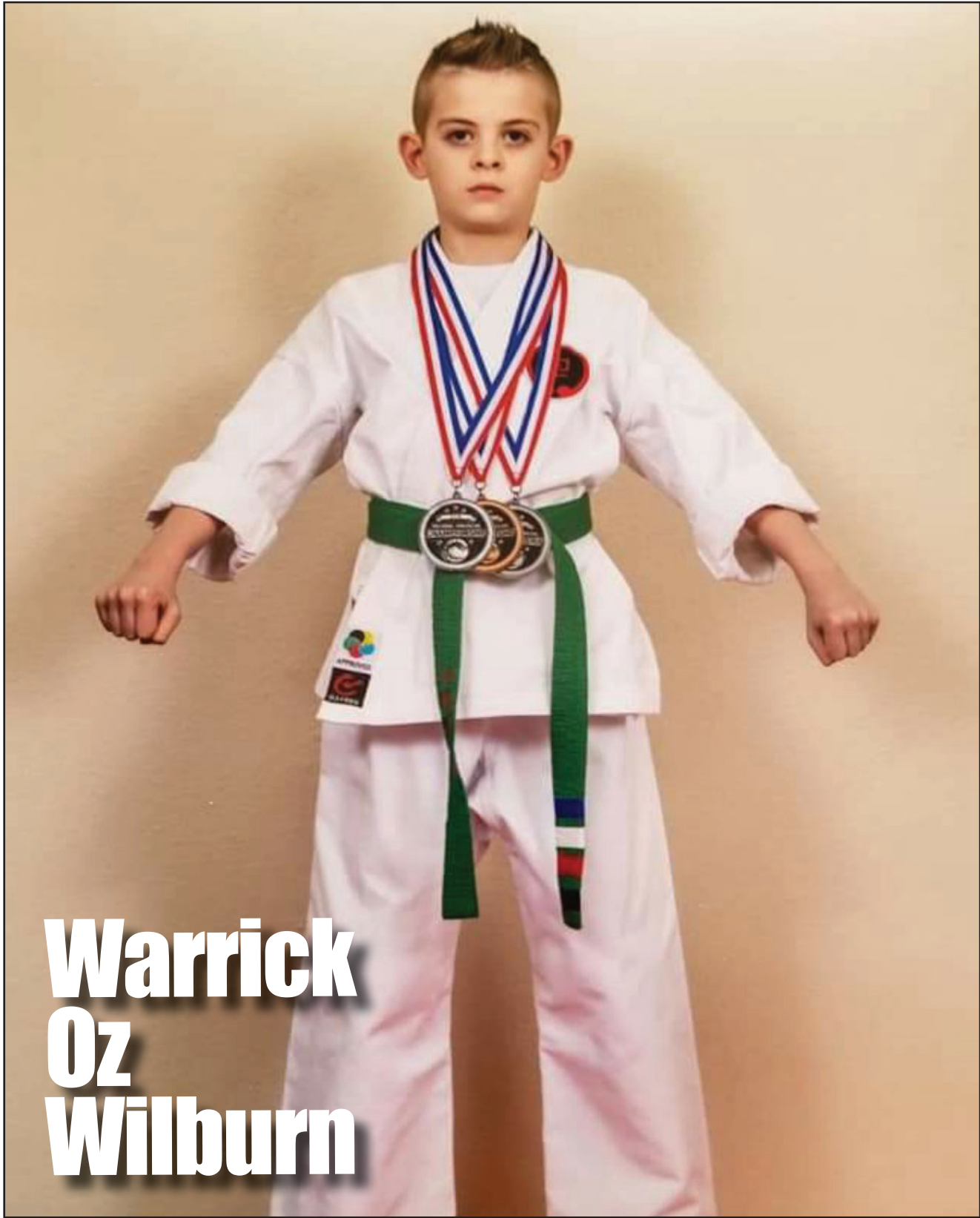
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UPCOMINGATHLETES

**Sally
Davison**



Featuring



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Preview

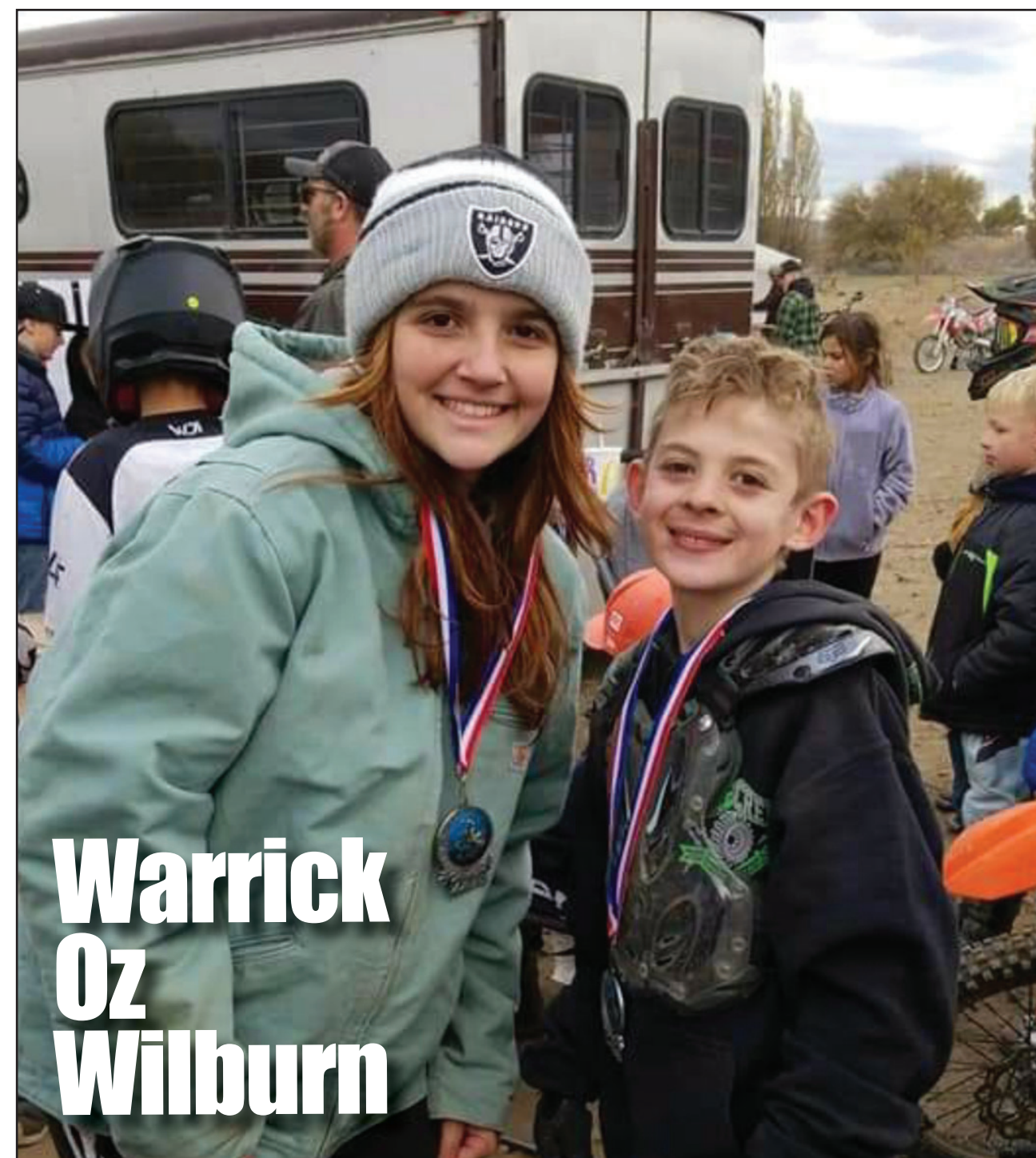




often that God does not give you anything you are not intended to use and I live by those words every day. I am here to show you and others that may have an added struggle like me that we can overcome anything with the right attitude. As far as karate goes, I plan to go get qualified and bring home that gold as soon as the pandemic

restrictions lift and one day have that black belt around my waist. Today is ball game day! Its time to go warm up, see you out on the field!

Photographers Credits: Emily Wilburn Photography, Goju Ryu Karate of Selah



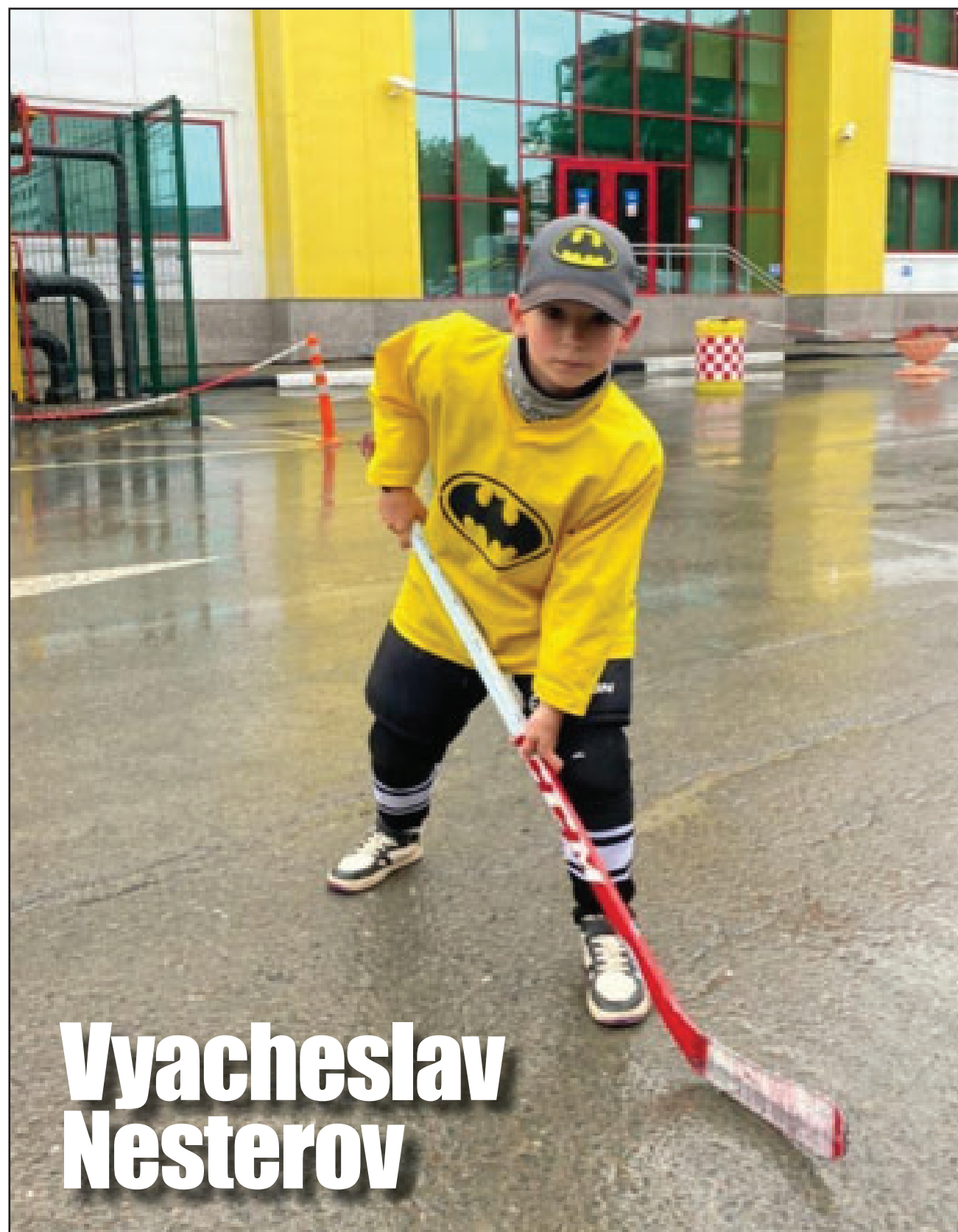
**Warrick
Oz
Wilburn**



I am 9 year old Warrick Oz Wilburn and now I am living with type 1 diabetes. I have been active in baseball and IOGKF Karate- Selah since before Kindergarten. In 2018 I was accepted to be a part of the traveling karate tournament team, 2019 I became qualified to compete in Nationals. November 2019 I brought home 2 silvers and a bronze medal in sparring, weapons and kata. Then the Covid pandemic happened...I became sick in the beginning of April 2020. A virus had triggered my immune response and my body decided to begin killing off my beta cells that transports glucose for fuel. I was trying to continue my online zoom karate classes but was really feeling down, needing to urinate and drink so much I could really never get enough. My parents knew something wasn't right, within 5 days I had lost 9 lbs. the COVID test came back inconclusive. My family really had no answers to why I wasn't bouncing back to my energetic self. Easter morning I vomited for the first time after breakfast. Knowing that excessive urinating and drinking could be a sign of diabetes my parents knew they were not going to be able to sleep that night. A trip to our local fire department who offered a finger poke blood test revealed that my reading was off the meter "high". Easter night 2020 I was hospitalized for 6 nights with a blood glucose level of 717. My mom was the only one allowed in the hospital due to covid restrictions and she never left my side, learning day and night how to care for me. Learning from step 1 what type 1 diabetes is and what it entails. My parents learned that I would be 100% insulin injection dependent and going low I could die quickly and going high I could have horrible long term complications as well as go into a coma if left uncontrolled. As a family we made a gameplan that works best that includes the proper diet and amount of exercise to keep me as healthy as possible. Today, one year later I am an avid motocross dirt bike rider (just to see how far I can push my moms limits) I am finishing my season on the Selah Minors Little League Team Red, I have obtained my blue belt in karate and I am thriving as a role model to everyone around me. I have learned that life isn't always fair but my winning spirit has never failed me. My answer to everything hard that I encounter is "I was born for this". My mom tells me







**Vyacheslav
Nesterov**



I am Adriana Contramaestre, Venezuelan, I came to the United States in November 2018 when I was 4 years old. When I was only 9 months old my dad gave me a tennis racket to play with. When I was 3 years old we played for the Paracoto club in the state of Miranda -Venezuela. In Miami I started to practice with my first racket when I was 5 years old. I currently train 3-4 days a week at @ricktennisacademy and on Sundays 30 minutes with a fitness trainer. My parents as immigrants make a great effort for me to train. My goal is to be a great professional tennis player like Muguruza, she was born in Venezuela and then went to Spain. My dream is to be one of the 10 best in the world and to be recognized as the Venezuelan-American.



**Alexa
Jane
Foresha**



**Vyacheslav
Nesterov**

I will take your offer with great pleasure! My name is Vyacheslav Nesterov, I am 7 years old. I live on Sakhalin Island and play for the local Sakhalin Sharks team. I really love hockey, I love to have fun and be the first. I really want to have the opportunity to meet the great hockey players Malkin, Ovechkin, McDawid, Crosby, train with them, so that they share their skills and abilities.

I dream and strive to play the NHL. My dad brought me to the hockey section 3 years ago. I didn't know how to skate at all, but it was so interesting and I wanted to learn how to skate as soon as possible in order to pick up a stick and deftly control the puck!

Now I am skating confidently, learning new tricks, I never miss

a single workout. I love hockey. We have a good team, we are friendly and love to spend time with the boys. I play 67 numbers and everyone calls me BatMan, I have his sign on the form. Our island is very small, and there is little opportunity to break out into big hockey from here, but I really want to train and play in a big city and with the best players.



Alexa began her softball career at 5 years old. She was playing short stop and pitching for a 14 u team by the time she was 9. She was born with amazing athletic talent and a great head for the game! She lead her 1st Travel ball team in home runs has always been a team leader. She now plays for the Pittsburgh Lady Roadrunners and at 14 is the Varsity short stop and back up pitcher and lead the team in home runs and RBI s for Brooke High School in Wellsburg, WV.

Alexa has aspirations of playing for a D1 College and continuing on with a career in coaching and athletic training.

She feels that softball has given her a strong voice to be able to motivate other little girls to find their passion and follow their dreams.

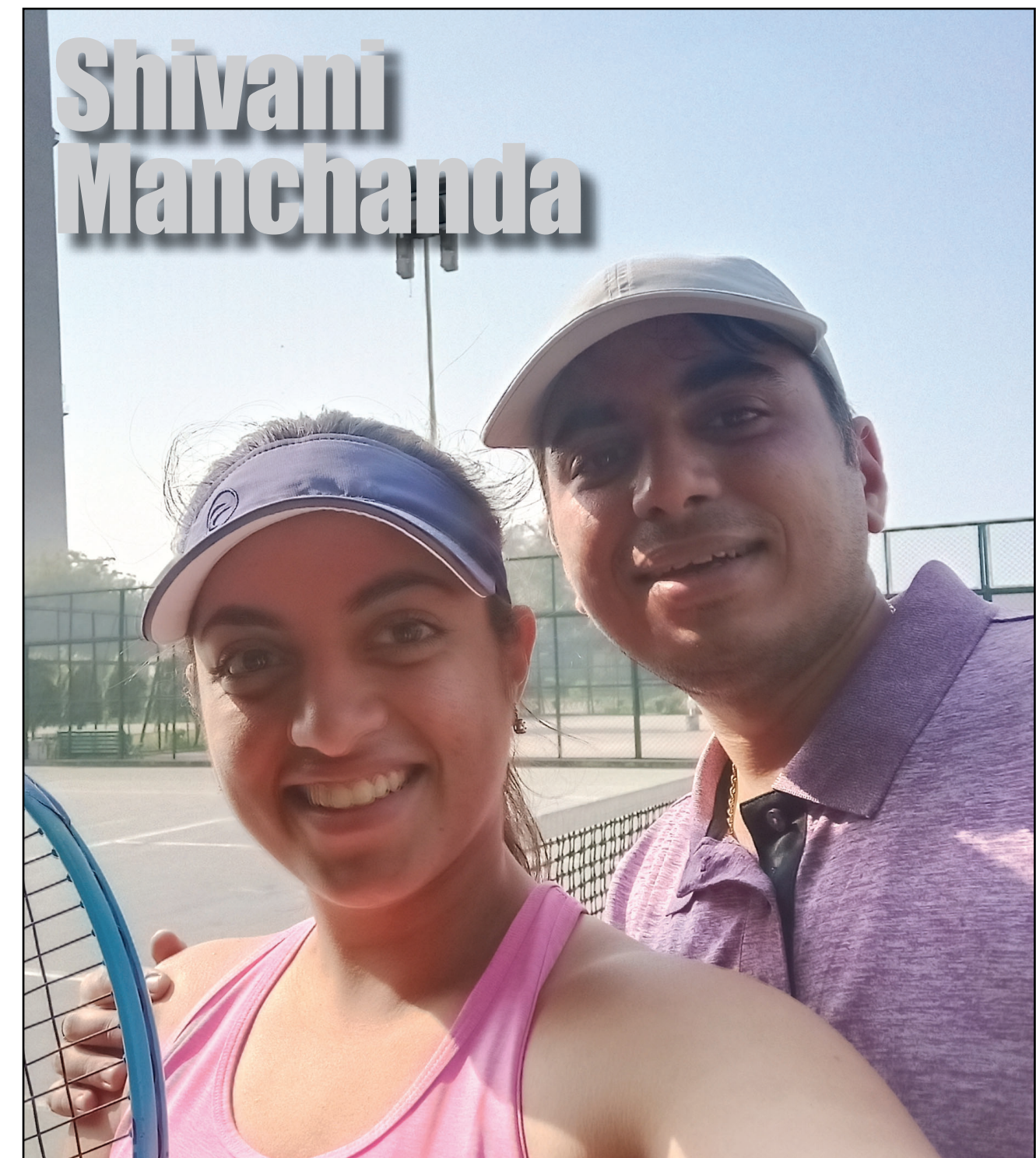
Photographers Credits: Alison Foresha and Action Images



**Alexa
Jane
Foresha**

pound with excitement and exhilaration. My journey as an athlete has not ended as I'm still learning and still growing. And who knows I may even give the Seniors category a shot and get a whole bunch of grapes for myself.

I'm looking forward to creating more memories and having great times on court because success does not rely on pace & age, but the purity of your actions and sincerity behind your efforts.



**Shivani
Manchanda**



'Each defeat comes with a purpose and a lesson, which unfortunately gets buried in the coffin of anger.'

Inspired by the Wimbledon finals in 2003 and mesmerized by its aura, I was 8 years old when I picked up the tennis racket for the first time. With the support of my family and a fascinating goal in mind we set out on this journey absolutely oblivious of the nature of struggles & sacrifices one has to make in the light of the sparkling destination. Coming from a middle-class family of non-athletes, we were inexperienced, had no money to burn, and learnt & grew as we passed through the phases of triumph and setbacks. The biggest challenge in my way were the excruciatingly painful injuries that could have shattered me years ago. But what kept me going was the promise I made to myself, 'I would never give up on my dreams'. I wasn't promised a journey with trees planted for shade or resting stalls for when I got exhausted. The road had to be constructed, the directions were to be looked for and this was what I chose for myself, unregretfully. I received help and coaching from wonderful and successful coaches for short stints, but for the most part it was my ball machine, the wall and my brother, who a lawyer by profession helped me graze through the most challenging yet rewarding times.

I started playing nationals at 12 and slid into the international circuit by 18. I may not have made it to the top but the time I spent on the professional circuit was really the time of my life. Travelling, tournaments, friends and realizations throughout the journey have shaped my belief system and changed my perception of life. My goal was always to make it to the top and it's imperative to have such a goal as it keeps you focused and motivated, however, sports & competition is way more than that. Tennis has made me more patient, optimistic and courageous. It has made me mature in my understanding and has secured my innocence at heart. Having said that, the grapes were not sour. These were the most delicious, tasteful, sweet and cherishable grapes and I'm proud I got a glimpse.

Stepping into the shoes of a coach I'm grateful to be a part of this exquisite world of tennis that never fails to make my heart





**Shivani
Manchanda**



**Christian
Piotrowski**

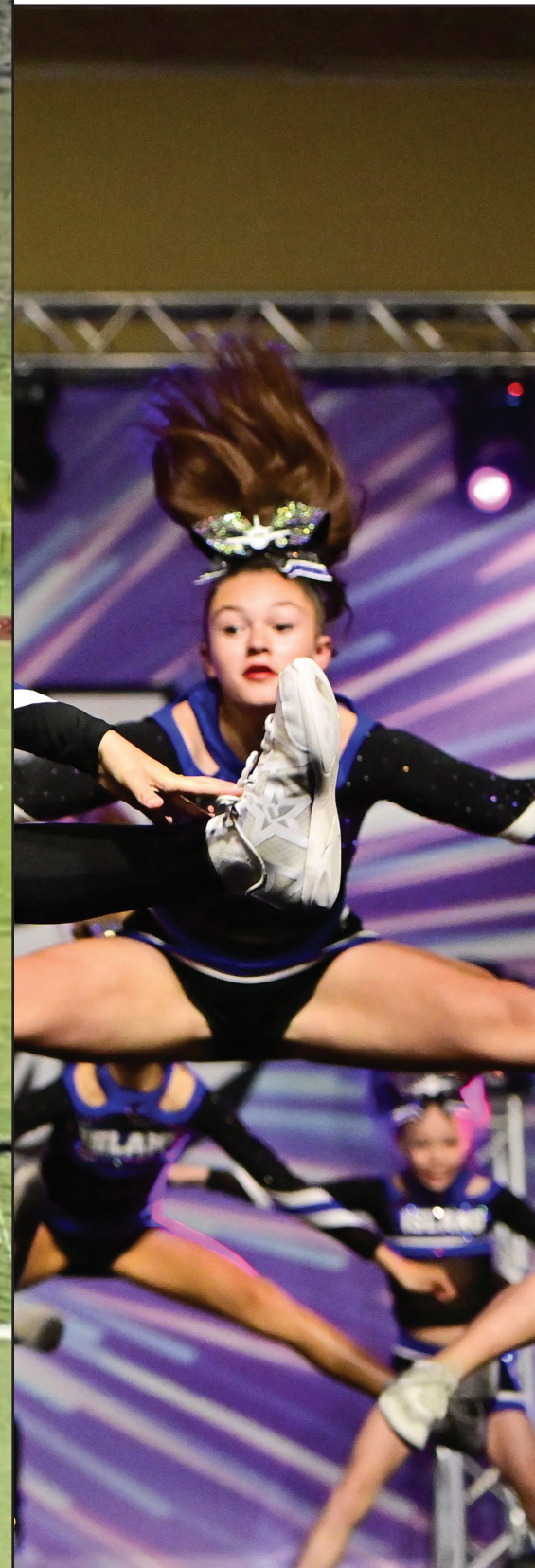
Christian Piotrowski



Sarah Quilcat

Hello my name is Sarah Quilcat. I have 11 years old. I play Golf since I was 5 years old. I have been passionate about this sport since I was very young. I live in the city of Monterrey in Mexico and currently participated in the different national and regional leagues competing at the national level. I have participated in 4 world championships 2 in San Diego California with IMG Junior Golf and 2 in PINEHURT North Carolina with USKids. One of my

main goals is to stay in the top teen of the National Ranking of Mexico. I dream in the future to be able to continue playing golf at high levels and to be able to get a scholarship where I can prepare myself academically by doing what I like the most, which is playing Golf. I would love to become a professional player and be able to compete in the most important tournaments of the WPGA.



Dreams to cheer for an SEC college team, hopefully LSU. My goal is shoe boys cheer can be masculine and to not be afraid to try new things.





**Sarah
Quilcat**



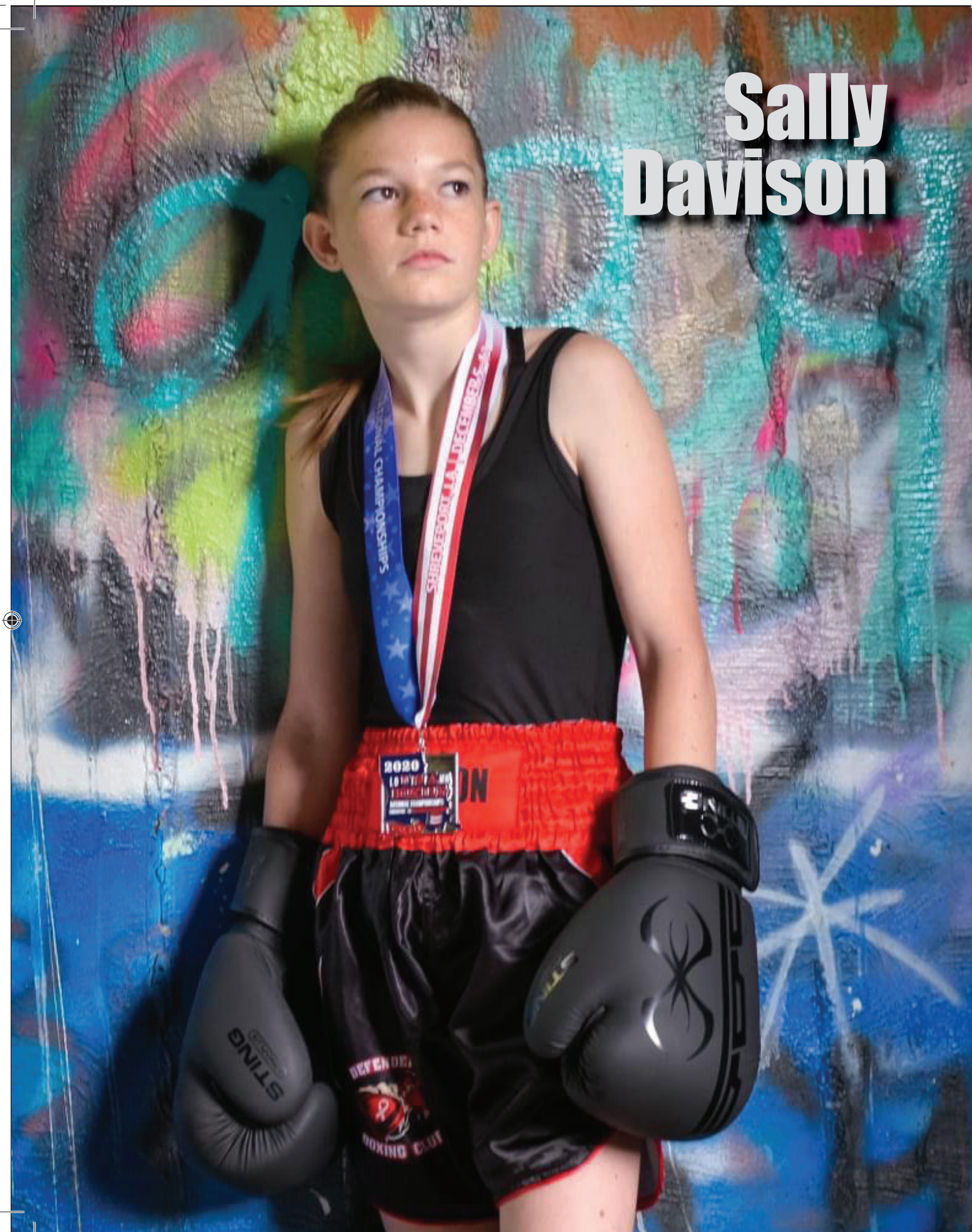
**Alya
Diddouche**



Sally is 13 years old and lives in Pine Ridge Arkansas. Her future goals and dream is to become a professional female boxing champion. Sally has been boxing approximately 4 years currently holds a record of 4 wins 2 loses. She is currently the number 2 ranked female nationally in her age and weight division. She currently is the Arkansas State silver gloves 75 lb female champion. Placed 2nd at the regionals in 2019. She plans on continuing her boxing as she is preparing to return to silver

gloves as well as junior Olympic competition now that some restrictions from covid has been lifted. Sally is the daughter of John and Zieka Davison she has two older sister one who also boxes as well as a younger brother and a younger sister. She is a devote church person . She is involved in several church programs. Her mother home schools all of the kids and Sally maintains very good grades in her school. Sally trains 3 days a week at Defenders Boxing Club in Mena Arkansas.

Sally Davison



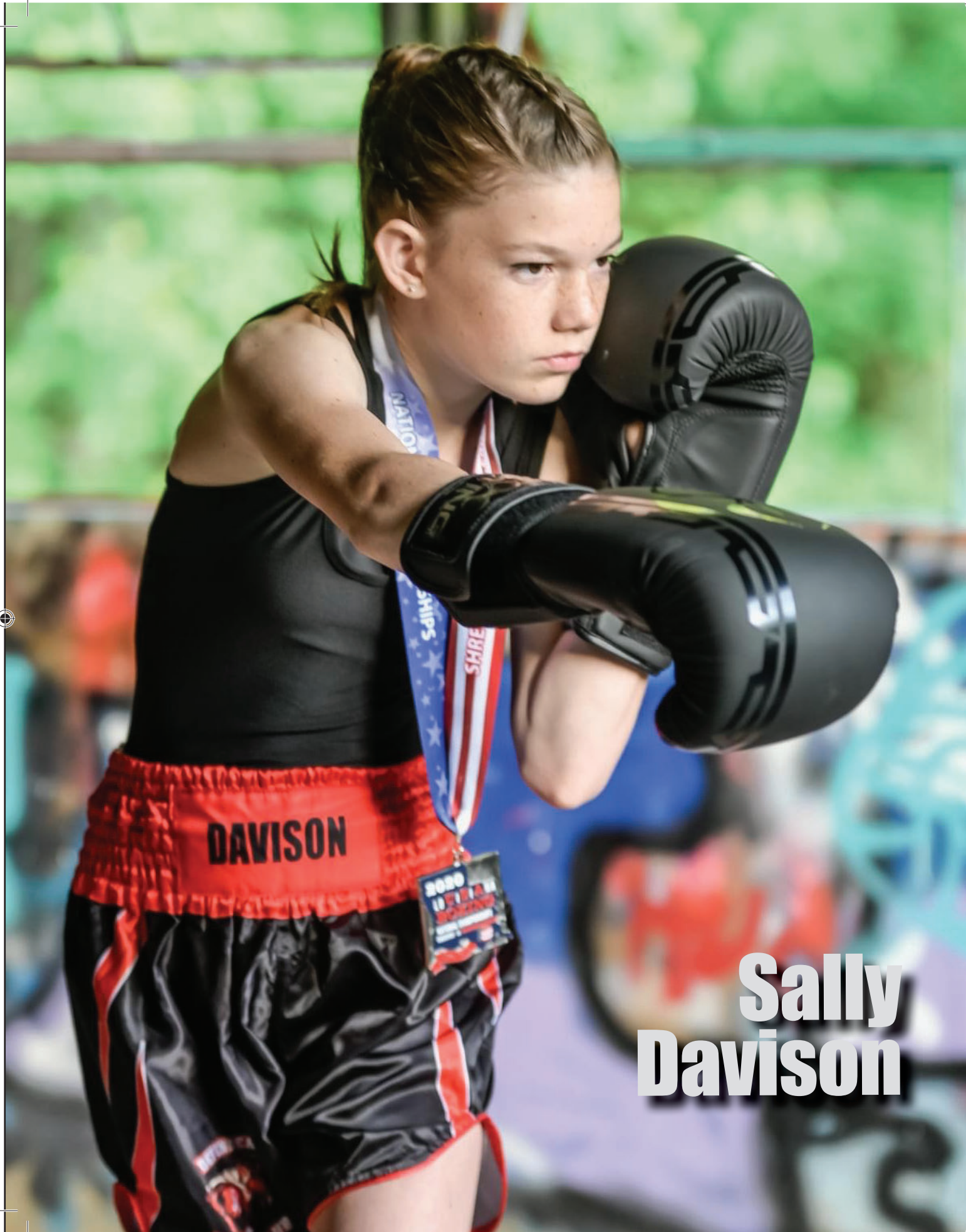
Alya Diddouche young French tennis player is one of the best players of her generation and dreams of becoming number one in her country

Alya Diddouche



**Eason
Chen**





**Sally
Davison**





**Eason
Chen**



My name is Jorge Magana aka La Araña Magana, I am 68 years young and my dream is to inspire people of all ages to be healthy, to be happy, I won a few medals on the senior Olympics, a silver medal on the world senior games, and my goal is to win a medal on

the National senior games! I want to challenge myself to make this world a better place, so if I can inspire at least one person, that will be awesome.

I just retire, and start training for the National senior games in Florida next year.

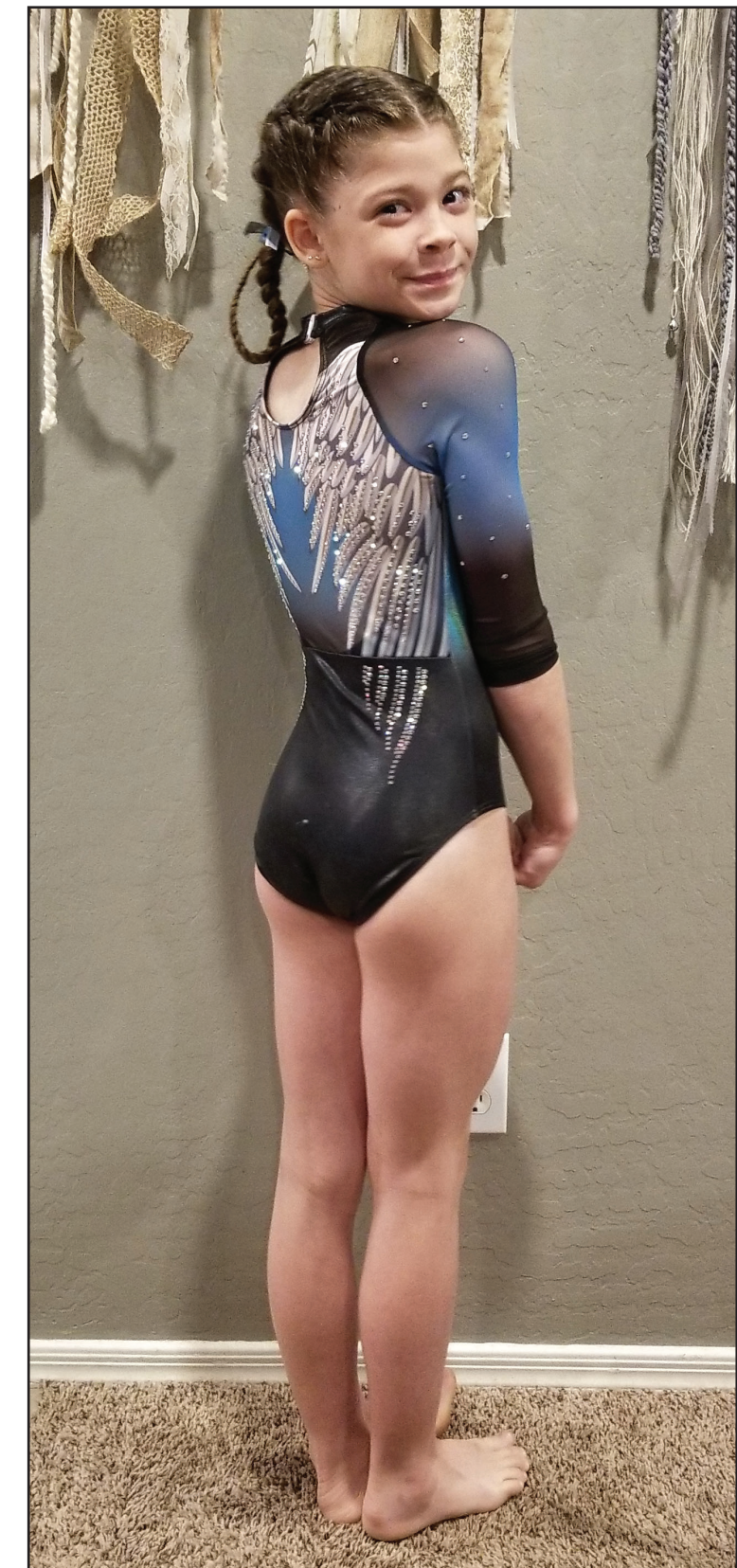


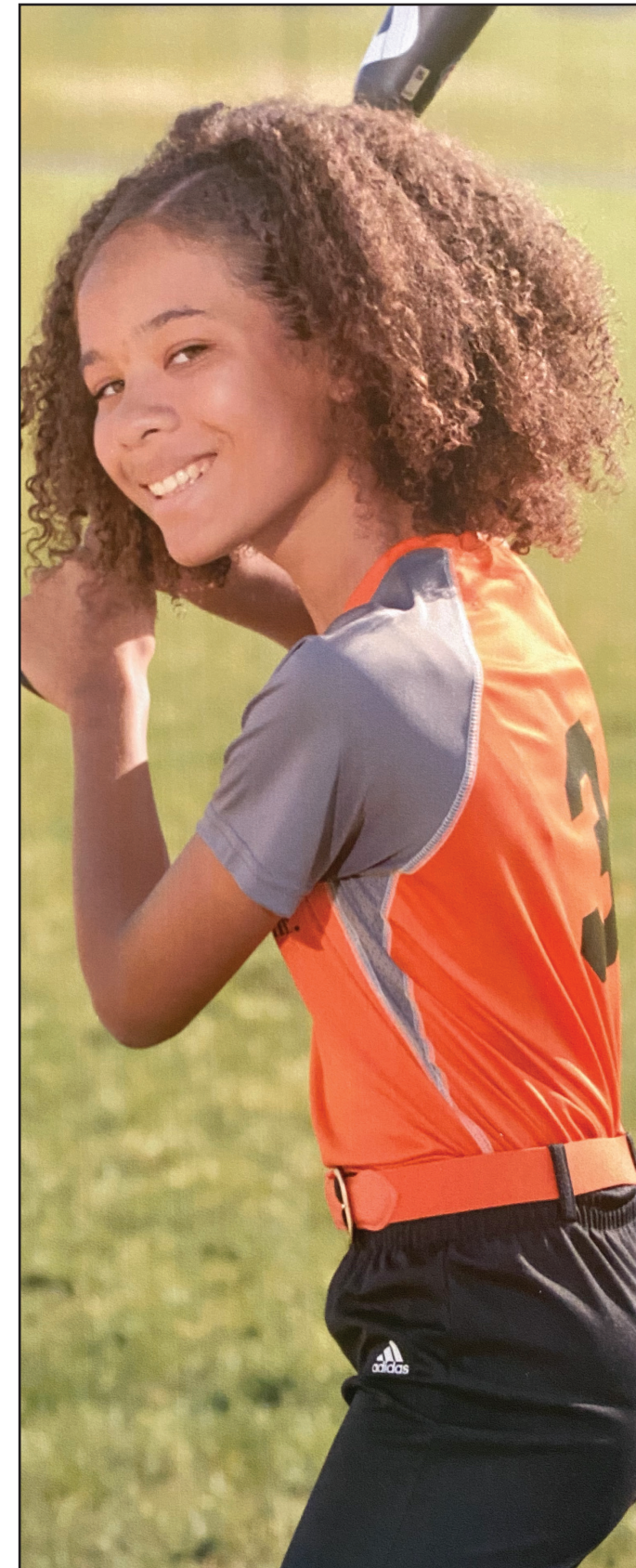
I'm a Chinese, my name is Eason, came to the United States two years ago, a grade seven student lives in brooklyn, I will arrange the full time every day, every day is a challenge, are always afraid not dad arrange task, in addition to the school's homework hard to improve my English, after-school hobby is playing tennis, tennis five days a week, at least two hours a day, On weekends, even

half a day, My idol is Michael Chang. My goal is to become a top tennis player and break his record of being the youngest player to win a Grand Slam. However, I am still young, and now my goal is to be admitted to Stuyvensant High School. And, despite that, I still have time to learn other things, like I'm good at Rubik's Cube and chess.



Jorge A. Magana







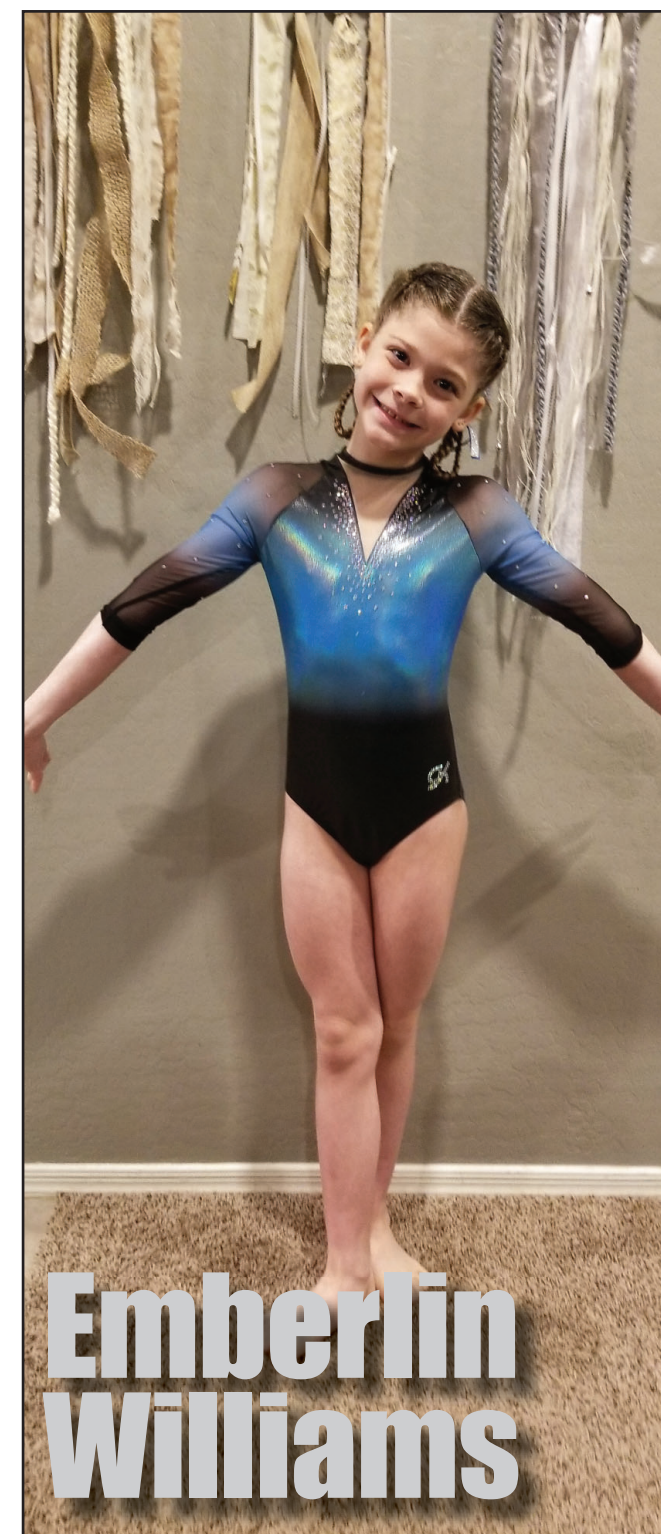
Jersey Girl

My name is Arianna Harold and I'm 13 years old. I've been playing softball since I was 9 years old. My position is left center field and I'm also a beginner pitcher. My dream is to play softball throughout college and become a pro softball player. My goal is to become a fastpitch pitcher and to be a pro in center field. I also want to learn how to slap hit and learn how to bunt more. Another thing I want to achieve is to hit the ball so far to where none of the outfielders can get the ball. A challenge that

I've encountered was to get a line drive right to me when I played right field, line drives are hard to track especially when right center was a new player and didn't back me up so the other team scored a couple runs that day. Throughout softball I've won two championships one was in 2019 and one was this year 2021, another achievement is that the team I am on this season is undefeated. I had more hits this season than any other season. Photographers Credits: T & F Camera



I have always had a dream of being in the Olympics. Since I struggle in school so much with dyslexia, I enjoy my time in the gym where I get to show off my talents in a way that makes me feel successful. I imagine myself



Emberlin Williams

as free as a bird when I'm soaring above the beam and bars. I am in my zone when I am working out. Friends and coaches have become family, and I could not be more grateful for the gift gymnastics has given me.



**Garson
Robertson**



My name is James I am 7 years old! I am a very hyper boy that needs to be kept busy! I love hockey and work very hard at it. When I grow up I want to be a professional hockey player! I also have ADHD and emotional processing disorder and sensory processing disorder so I have a hard time regulating myself and sports help keep me

regulated. Because of this I have to work harder because things don't come to me as easy as it does for others. So I work really hard to do well. I am still young but it is my dream to get there and I will keep working for that everyday!

Photographers Credits: MJL Photography





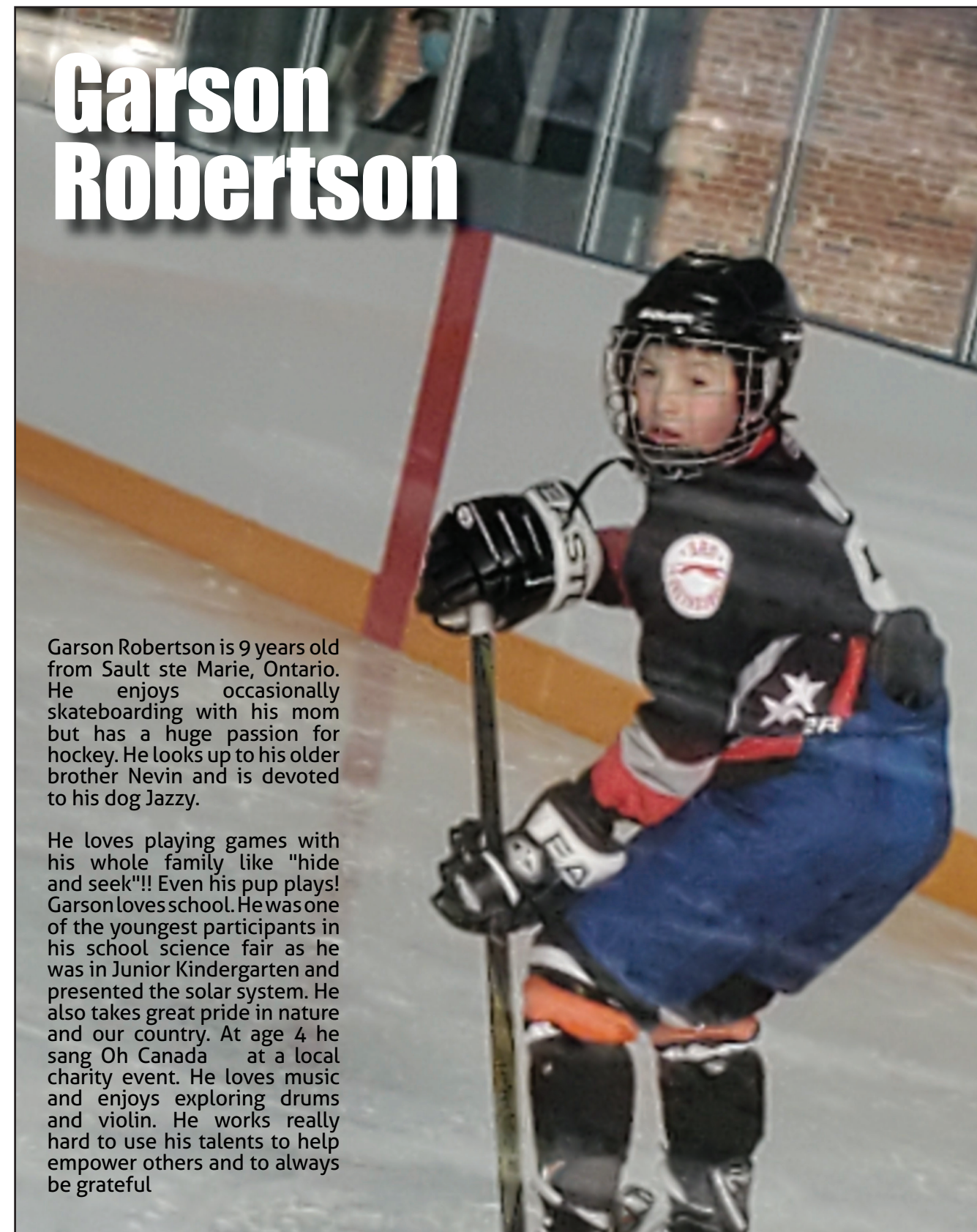
**Hanah
Judd**



Garson Robertson

Garson Robertson is 9 years old from Sault Ste Marie, Ontario. He enjoys occasionally skateboarding with his mom but has a huge passion for hockey. He looks up to his older brother Nevin and is devoted to his dog Jazzy.

He loves playing games with his whole family like "hide and seek"! Even his pup plays! Garson loves school. He was one of the youngest participants in his school science fair as he was in Junior Kindergarten and presented the solar system. He also takes great pride in nature and our country. At age 4 he sang Oh Canada at a local charity event. He loves music and enjoys exploring drums and violin. He works really hard to use his talents to help empower others and to always be grateful.





My Name is Hanah Judd I am from Moosomin Sask. I love the game of basketball. It's my passion. I give 100 percent when I'm playing. The team I play on McNaughton Jr high has been undefeated for 2 years. I am 15 years old currently in gr 10. It has been hard not playing this year due to Covid but that has stopped me playing in my driveway. I want to pursue Sports physiotherapy when I graduate and hopefully continue playing the sport I love.



**Hanah
Judd**